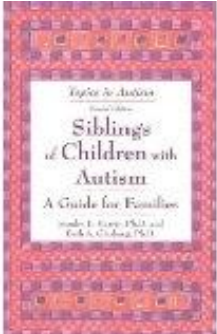


## Books for Parents

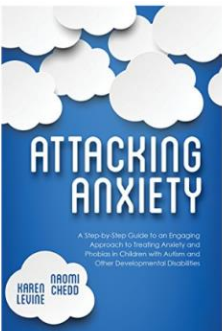
	<p>The Complete Guide to Asperger's Syndrome</p> <p><i>Tony Attwood</i></p>
	<p>101 Tips for Parents of Children with Autism: Effective Solutions for Everyday Challenges</p> <p><i>Arnold Miller</i></p>
	<p>Can I tell you about Autism?</p> <p><i>Jude Welton</i></p>
	<p>The ASD Workbook – Understanding your Autism Spectrum Disorder</p> <p><i>Penny Kershaw</i></p>


	<p>Siblings of Children with Autism: A Guide for Families (Topics in Autism)</p> <p><i>Sandra Harris and Beth Glasberg</i></p>
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## Sensory

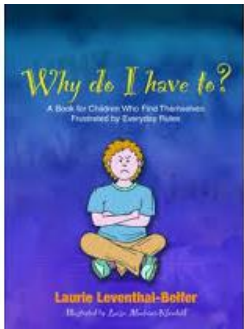
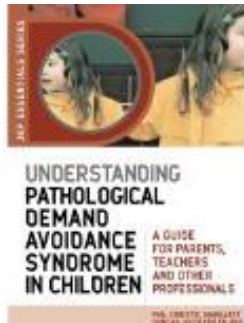
	<p>The Sensory World of the Autistic Spectrum: A Greater Understanding</p> <p><i>Kate Wilkes</i></p>
	<p>Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges</p> <p><i>Lori Ernsperger</i></p>

## Anxiety/Worry

	<p>Attacking Anxiety</p> <p><i>Karen Levine</i></p>
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	<p>Autism and the Stress Effect</p> <p><i>Theresa Hamlin</i></p>
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## Behaviour

	<p><i>'Why do I have to?'</i></p> <p><i>Laurie Leventhal-Belfer</i></p>
	<p>Understanding Pathological Demand Avoidance Syndrome in Children: A Guide for Parents, Teachers and Other Professionals</p> <p><i>by Phil Christie</i></p>

Updated in May 2020. The above suggestions are based on resources which we have found useful when working with children with autism and related difficulties at Freemantles School.